Torah Portion: Vayeitzei, Genesis 28:10–32:3
Haftarah: Hosea 12:13-14:10

Ashrei

Music and lyrics by Aly Halpert

אַשְׁרֵי יוֹשְׁבֵי בֵיתֶךָ, עוֹד יְהַלְלוּךָ סֶּלָה

Ashrei yoshvei veitecha, od y'hal'lucha selah

I sing for you
I sing for what is holy and is true
I sing for all creation, for life and liberation
everyday anew

וַאֲנַחְנוּ נְבָרֵךְ יָהּ,
מֵעַתָּה וְעַד עוֹלָם, הַלְלוּיָהּ

Va'anachnu nevareich ya,
mei'ata v'ad olam, hal'luyah!

Bridges

Music and lyrics by Dan Nichols

Don't rush past the sadness; don't fly by your fears
There's a season for every feeling
And a reason you're here.
Fall in love with the moment you find something new
And search for the best friend in you.

כָּל הָעוֹלָם כֻּלּוֹ, גֶּשֶׁר צַר מְאֹד (x2)

Kol ha'olam kulo, gesher tzar meod (x2)

The world that surrounds you can be callous and cold
It can darken your vision and make you feel old.
So try to be gentle when you find something new
And search for the best friend in you.

כָּל הָעוֹלָם כֻּלּוֹ, גֶּשֶׁר צַר מְאֹד (x2)

וְהָעִקָּר לֹא לְפַחֵד כְּלָל (x2)

Kol ha'olam kulo, gesher tzar meod (x2)
V'haikar lo l'facheid klal (x2)

We're always on bridges some narrow, some wide
And the secret in crossing is to own what's inside
You can be brave and still feel afraid
And search for the best friend in you

כָּל הָעוֹלָם כֻּלּוֹ, גֶּשֶׁר צַר מְאֹד (x2)

Kol ha'olam kulo, gesher tzar meod (x2)

Ivdu et Adonai

Psalm 100:2; by Elana Arian, TE150 Commission

Bring in spirit, bring in joy
Endless blessings, open doors.

עִבְדוּ אֶת-יְיָ בְּשִׂמְחָה
בֹּאוּ לְפָנָיו, בִּרְנָנָה

Ivdu et Adonai b'simcha
Ivdu et Adonai b'simcha
Bo'u l'fanav birnana, bo'u l'fanav birnana
Ivdu et Adonai b'simcha.

Come rejoice and praise
With our hearts beating strong and brave.
Raise a joyful noise
As we sing, as we sing!