Torah Portion: Tol'dot, Genesis 25:19–28:9
Haftarah: Malachi 1:1-2:7

Asher Yatzar
Music and lyrics by Dan Nichols

I thank You for my life, body, and soul
Help me realize I am beautiful and whole
I'm perfect the way I am and a little broken too
I will live each day as a gift I give to You

בָּרוּךְ אַתָּה, יְיָ,
רוֹפֵא כָל בָּשָׂר וּמַפְלִיא לַעֲשׂוֹת.

Baruch Atah, Adonai
Rofei chol basar umafli laasot
Baruch Atah, Adonai
Rofei chol basar umafli laasot

Blessed are You, Adonai, who heals all flesh,
working wondrously.

Given
Music and lyrics by Ellen Dreskin and Dan Nichols

Every breath, each life, each spark
Every light that emerges from every dark
This body, this voice, this energy
I just opened my eyes, it was granted to me
Given this space, given this time,
given to all—uniquely mine
Every first and every last
All of the future, the present, and even the past
I am a wave—a rise and a fall
A singular drop in the ocean connected to all
Given this space, given this time,
given to all—uniquely mine
There is a love song of taking and giving
A singing and dancing in rhythm with all that is living
It's breathing out and breathing in
A life that is taken and granted again and again
Given this space, given this time,
given to all—uniquely mine

Beyond
Music and lyrics by Dan Nichols

May Your wonder be celebrated,
may Your name be consecrated
May Your brilliance never fade
from the magnificent world You made
May Your ways prevail in our own days,
in our own lives, and in the life of all Yisrael
And let us say, and let us say, amen
May Your Name receive
the same beauty that You bring
Though You are far beyond
the sweetest songs we could ever sing
And let us say, and let us say, amen

Aleinu L'shabei'ach
Music and lyrics by Ellen Dreskin and Dan Nichols

It's up to us to call ourselves to task,
to sing what's good and true
To bring about redemption,
it's what we were freed to do
For what's the point of being here
if we're not moved to change our ways
Aleinu L'shabei'ach; it's time to live our praise
We are carrying the stories
of the ones who came before
What stories will be told of us
when we are here no more
We commit ourselves to action;
it brings meaning to our days
Aleinu L'shabei'ach; it's time to live our praise
It's up to us to own the vision,
we are an answer to a call
It's up to us to live the words
we speak for the benefit of all
It's up to us to bow down deeply,
there's a broken world to raise
Aleinu L'shabei'ach; it's time to live our praise

Chazak

Music and lyrics by Dan Nichols

We have come from near and far
to raise our voice in song,
And the more we join in the refrain,
the more we feel strong.

חֲזַק חֲזַק וְנִתְחַזֵּק

Chazak, chazak, venitchazeik.

There is a power in this place and time,
it shapes the rest of our lives,
For when we return each year
we find a truth we can't deny.

Be strong, let us strengthen one another.
Be strong, let us celebrate our lives.
Be strong, let us strengthen one another.

חֲזַק חֲזַק וְנִתְחַזֵּק

Chazak, chazak, venitchazeik.
Chazak, chazak, venitchazeik.

As we sing we link ourselves,
to those who came before,
And we're one with all those yet to come,
our strength it will endure.

Be strong, let us strengthen one another.
Be strong, let us celebrate our lives.
Be strong, let us strengthen one another.

Chazak, chazak
Be strong, be strong

חֲזַק חֲזַק וְנִתְחַזֵּק

Chazak, chazak, venitchazeik.