

Matanot L'evyonim

Giving Gifts to Those in Need

Vickery Meadow Food Pantry

The Vickery Meadow Food Pantry is in need of specialty items for their clients. These items are not always available on our shelves, but when they are, they bring real joy to the families we serve. When delivering, please label the bag with the expiration date of the oldest item. Contact for drop-off: Carol Weinstein, clnewb@gmail.com

SPICE KITS

Spices are hard to find in many pantries. Some ideas for the kit include:

- Salt and Pepper
- Garlic Powder
- Onion Powder
- Cinnamon
- Chili Peppers
- Tumeric
- Ginger

KIDS' SNACKS

When kids visit the pantry, they love to be given a small bag of their favorites.

- Ziploc or brown paper bag
- Applesauce
- Chips
- Pirates Booty snacks
- Granola bars

SOUP KITS

Each kit should be put into a jar or Ziploc bag and include the ingredients needed for the recipe.

- You can find different recipes at wholefully.com/homemade-soup-mixes-in-a-jar/

BIRTHDAY CAKE PACKAGES

Everyone loves to celebrate their birthday, but some families cannot afford the ingredients.

These kits are often assembled in a 9x13 disposable aluminum pan to make them easy to use and donate.

- 1 Box of Cake Mix (15.25 oz - 18 oz)
- 1 Can of Soda (12 oz, regular or diet)
- 1 Tub of Frosting
- Extras: Sprinkles, candles, and a birthday card
- Pan: 9x13-inch disposable foil pan

POPULAR SODA AND CAKE COMBINATIONS

Using different sodas can significantly change the flavor of the cake:

- Chocolate Cake + Coca-Cola/Dr. Pepper: Creates a rich, moist chocolate cake
- Yellow/White Cake + Sprite/7Up: A classic, simple combination that tastes like a lemon-lime cake
- Lemon Cake + Sprite: Very zesty and light
- Strawberry Cake + Ginger Ale: Creates a light, fruity, slightly spicy flavor
- White Cake + Orange Soda: Tastes like an orange creamsicle
- Spice Cake + Root Beer: A unique, warm flavor profile
- White Cake + Grape Soda: A fun, vibrant “purple cow” cake

PREPARATION INSTRUCTIONS

- No Other Ingredients: Just the mix and the soda.
- Mixing: Pour the entire 12-ounce can of soda into the dry cake mix and mix well for about then 2-5 minutes .
- Baking: Pour the batter into a greased and floured pan. Bake at 350° according to the time suggested on the cake mix box.
- Serving: Let the cake cool completely before frosting.

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Bye-Bye Bags for Vogel Alcove

In addition to meals provided during the day, Vogel Alcove distributes Bye-Bye Bags to children at the end of the day, helping to bridge the gap between meals. The Bye-Bye bags consist of lunch-size paper sacks filled with a variety of shelf-stable snacks, a small bottle of water or fruit juice and plasticware if needed. Contact: Heather Bradford, hbradford@vogelalcove.com

BYE-BYE BAGS FOR VOGEL ALCOVE

Two from this list:

- Goldfish crackers
- Cheese crackers (no peanut butter please)
- Individual-size boxes of cereal, such as Cheerios

One from this list:

- Chicken salad kit with crackers (most popular)
- Any kind of protein source with pull-tab top (except nuts)

Two from this list (please include a spoon if needed):

- Fruit cup
- Applesauce cup or squeeze packet
- Fruit strips/snacks

Note: Please write the expiration date of the oldest item on the outside of the bag.

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Hygiene bags for Family Gateway

These bags provide personal care items to families experiencing homelessness. Please use regular-sized items, not travel-sized.

Contact: Kathy Kidwell, kkidwell@familygateway.org

HYGIENE BAGS FOR FAMILY GATEWAY

Full sizes only:

- Shampoo
- Conditioner
- Deodorant
- Mouthwash
- Toothpaste
- Toothbrushes
- Body wash
- Body scrub
- Body towels
- Face towels

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Snack Bags and Welcome Baskets for Stewpot

Snack Bags are gallon-size plastic-zippered or drawstring backpacks filled with nourishing snacks for hungry clients. Everything must be prepackaged and ready to eat. Homemade items are not allowed. Please avoid hard foods or items that need a can opener or other device to open them. To arrange a drop-off, contact: volunteer@thestewpot.org

Welcome Baskets are laundry baskets containing new household items, including bathroom necessities and cleaning supplies, for newly housed clients. Contact to coordinate a drop-off time: John Swindle, johns@thestewpot.org

SNACK BAGS FOR STEWPOT

- Bottle of water
- Electrolyte packets
- Soft cereal bar
- Tuna packets
- Pop-top Vienna sausages
- Individual cup of peanut butter
- An encouraging note (optional)

WELCOME BASKETS FOR STEWPOT

- Body towels
- Female deodorant
- Dish sponges and soap
- Toilet brushes
- Toilet paper
- Toilet cleaner
- Small travel-size laundry detergent
- Brooms/mops
- Trash cans
- Trash bags
- Can opener
- Dishwasher pods
- Mop bucket
- Paper towels
- Cleaning products, i.e., Fabuloso, all-purpose cleaner, glass cleaner, dish soap