

## Torah Portion: T'rumah, Exodus 25:1–27:19 Haftarah: II Kings 12:5-16 [historic: II Kings 12:1-17]

## **Asher Yatzar**

Music by Dan Nichols

I thank You for my life, body and soul
Help me realize I am beautiful and whole
(oh so beautiful, oh so holy)
I'm perfect the way I am and a little broken too
I will live each day as a gift I give to you (my God, my God)

בָּרוּדְ אַתָּה, יְיָ, וּ רוֹפֵא כָל בָּשָׂר וּמַפְלִיא לַעֲשׁוֹת.

Baruch Atah, Adonai Rofei chol basar umafli laasot Baruch Atah, Adonai Rofei chol basar umafli laasot

Blessed are You, Adonai, who heals all flesh, working wondrously.

## **Meditation on Mitzvot**

by Alden Solovy, This Joyous Soul

It's simple, really,
This list of things we do,
As a people,
This list of things I do,
To live in a good way,
For others and myself,
To leave a legacy of love,
To leave the world
Just a little better each day.

A kind word. A gentle hand. A loving voice. A giving heart.

It's not so simple, really,
To remember to live this way.
Always.
So we arrive early to study Torah
And strive for devotion in prayer,
To remember to honor all beings
With compassion and understanding,
Living a life of mitzvot in joy and service,
So that Torah will resound from our hearts,
Through our words and deeds,
Into the world,
And into the generations to come.

Sanctuary

Music by Randy Scruggs & John Thompson, Hebrew words added by Rabbi David Ingber & Mia Cohen

Oh God prepare me to be a sanctuary Pure and holy, tried and true And in thanksgiving, I'll be a living Sanctuary for you.

ְוְעָשׂוּ לִי מִקְדָּשׁ וְשָׁכַנְתִּי בְּתוֹכָם מֵעַתָּה וְעַד־עוֹלָם. מֵעַתָּה וְעַד־עוֹלָם.

Ve-asu li mikdash Ve-shakhanti be-tokham Va-a-nah-nu ne-var-ekh Yah Mei-atah ve-ad o-lam

## Mishenichnas Adar

Music by Gabe Seed

When [the month of] Adar arrives, we increase our joy!

משנכנס אדר מרבין בשמחה

Mishenichnas Adar marbin b'simcha