

Temple Responds: Israel

Resources for Parents of School Aged Children (ages 6-18)

Talking to School Aged Children About Difficult Things

Navigating Age-Appropriate Conversations

- The Jewish Education Project: [Talking to teens \(1-hour video\)](#)
- The Jewish Education Project - How to Talk to Kids About Israel Today: <https://truvie.org/node/6775>
- National Child Traumatic Stress Network: https://www.nctsn.org/sites/default/files/resources/fact-sheet/talking-to-children-about-war_0.pdf
- URJ Toolbox: <https://reformjudaism.org/blog/how-talk-your-children-about-israel-and-terrorism-toolbox>
- Jewish Disability Inclusion News: <https://jewishdisabilityinclusionnews.substack.com/p/resources-for-talking-about-israel>
- Gateways: <https://jgateways.org/news/blog/talking-about-israel-with-children-with-disabilities-and-mental-health-needs/>

Fact Sheets/Information about the War in Israel

- Israel Link: https://docs.google.com/document/d/1m8jEj2m5AAk9wbtRQSiCpQ-QK_rGsGfwJU1Ho_ZNWRE/edit
- Stand With US: <https://www.standwithus.com/situationroom>
- Unpacked for Educators: <https://unpacked.education/article/october-2023-israel-amas-war-we-answer-your-faqs/>
- Center for Israel Education: <https://israeled.org/israel-amas-war/>

Social Media Guidance

- ADL: <https://www.adl.org/resources/tools-and-strategies/tips-engaging-and-disengaging-social-media>
- The Social Institute: <https://thesocialinstitute.com/blog/the-social-institutes-recommendations-for-navigating-violent-content/>
- ADL: <https://www.adl.org/online-hate-and-harassment-safety-guide>

School Advocacy

- Israel Link Letter Template: https://docs.google.com/document/d/1nEO_KvtGFOtzWJBDnVA8QfA54xjKic5g/edit
- American Jewish Committee Jewish Student Advocacy: https://www.ajc.org/CampusLibrary?ms=EL_EML_20230807_BackToSchool2023-08.07.23&utm_campaign=BackToSchool2023&utm_source=LuminateEmail&utm_medium=Email&utm_content=Advocacy_CombatAntisemitism2023-L.3&p2asource=CombatAntisemitism-08.07.23

Wellness Resources for Parents

- The Blue Dove Foundation: <https://thebluedovefoundation.org/our-message-to-the-blue-dove-community-on-the-situation-in-israel/>
- The Blue Dove Foundation: <https://www.tedallas.org/wp-content/uploads/2023/10/Ladder-of-Emotional-Regulation-1.pdf>
- The Blue Dove Foundation: https://thebluedovefoundation.org/resource_category/adolescent-teen/#:~:text=Jewish%20Mantras%3A%20How%20to%20Change%20Your%20Brain&text=This%20resource%20will%20describe%20brief,verbalize%20and%20analyze%20our%20emotions.

Spiritual Resources

- [Israel Solidarity Event Message from Rabbi David Stern](#)
- [Playlist of songs for peace](#) shared by Cantor Vicky Glikin
- [In God's \[Not Yet Perfect\] House, Psalm 27:4](#) by Rabbi Debra Robbins