Words cannot express how proud we are of you today on achieving this special milestone in your life, the day of your Bar/Bat Mitzvah. During the course of your Bar/Bat Mitzvah studies you learned about the transition from childhood to young adulthood. You studied the importance of being responsible for your actions, recognizing that as an adult you have certain obligations to society, your community, and your family and friends.

As you make this transition in your life,

May you always be able to articulate your hopes for the future as beautifully as you did when you gave your D'Var Torah today in front of all of your friends and family.

May you be guided by the wisdom of the Torah, our ancestors, and your life experiences as you find your own way in this world.

May you climb the highest mountains and know that you have the strength to keep going even when you want to quit.

May you have the courage to stand up for your beliefs and doing the right thing, even when it is not popular.

May you choose your own path and find your own passions in life so that you can succeed with grace and gravitas even when the path you chose gets challenging. Get up early every morning to tackle the challenges of the day, the early bird gets the worm.

May you continue to be sensitive and empathetic, and imagine yourself in the lives and circumstances of others.

May you give back and help others through community service to others.

May you remember to observe Jewish rituals and incorporate them into your life while simultaneously embracing Jewish values.

May you realize that life is marathon, not a sprint, and that a dose of laughter can shelter the hard times and make the good times even more memorable. We love you so much!

May you always follow your heart and know that you are never alone and that we will always be here for you. We love you.