
Torah Portion: D'varim; Deuteronomy 1:1–3:22
Haftarah: Isaiah 1:1–27

Morning Blessings

Music by Shefa Gold

יְיָ מַתִּיר אֲסוּרִים, יְיָ פּוֹקֵחַ עֵוְרִים,
יְיָ זוֹקֵף כְּפוּפִים, יְיָ אוֹהֵב צַדִּיקִים.

*Adonai matir asurim, A-do-nai po-kei-ach iv-rim,
Adonai zokeif k'fufim, Adonai ohev tsadikim.*

Adonai frees the captives, Adonai opens the eyes of the blind,
Adonai lifts up the fallen, Adonai loves the righteous.

Ahal'lah Adonai b'chayai!

אֶהְלֵלָה יְיָ בְּחַיָּי.

I will praise Adonai with my life!

Mi Shebeirach

by Craig Taubman

מִי שֶׁבֵרַךְ אֲבוֹתֵינוּ, אֲבֹרָהֶם יִצְחָק וְיַעֲקֹב,
שָׂרָה רִבְקָה רָחֵל וְלֵאָה, הוּא יְבָרַךְ וִירְפָא אֶת־הַחֹלִים.

*Mi shebeirach avoteinu, Avraham, Yitschak v'Yaakov,
Sarah, Rivkah, Racheil v'Leiah,
Hu y'vareich virapei et hacholim.*

May God, who blessed our ancestors, Abraham, Isaac and
Jacob, Sarah, Rebekah, Rachel and Leah, bless and heal
those who are ill.

Eil nah r'fah nah lah.

אֵל נָא רְפָא נָא לָהּ.

God, please, we pray, bring healing.