The Window Temple Emanu-El



APRIL 2020 | Nissan/Iyar 5780 | Vol. 46 No. 7









Reframing during Passover

n a given day or week many of us unconsciously think in terms of questions: What's for dinner? What's my schedule tomorrow? What are our plans for Saturday night? Will the weather be nice this weekend? As

humans we spend much of our time during the day contemplating events that lie on the horizon. We're predisposed, even from an early age to think and live in the future, "What do you want to be when you grow up?" asks the kindergarten teacher.

Psychologist Martin Seligman argues that human beings-Homo sapiens, the wise man, are "more aptly named, Homo prospectus, because we thrive by considering our prospects." Our intellectual capacity and wisdom actually stem from our ability to consider and plan for what may happen near or far in the future. This skill differentiates us from other species who comprehend the immediate future in terms of cause and effect: you arrive home and pick up the leash, your dog gets excited for a walk.

2 ahhi Daniel Utles

When we pause to consider this human habit we realize how essential our planning can be. Intentional choices reduce anxiety and often lead to better outcomes in our lives. But we can also identify a tension between spending too

much time on "what could be" at the expense of being fully immersed in the present: the individual relationships with cherished family, friends, and community; standing as witness to both justice and injustice in our world. What helps us find a balance?

The holiday of Passover poses a direct and valuable challenge to our human instinct to think more about our own futures than about the needs of the present. Passover has us look back, saying, "Remember! Learn from your past." Each spring the words of our sacred Haggadah remind us, "in each generation, each person is obligated to see himself or herself [lirot et atzmo] as though he or she personally came forth from Egypt." The creative rituals of the Seder meal—bitter/ sweet/salty dips, four questions, drips of wine for each plague, retelling the exodus story, and the joyous songs of freedom—all

of these help us see ourselves at each step along the journey from slavery to redemption. Through these actions we're supposed to understand the feelings of slavery and re-create the experience of redemption as present-day event.

Passover asks us to make this journey of memory by being more mindful of freedom in the world. Similar to other holidays such as Shabbat, where we rest in gratitude to God for all of creation, or Simchat Torah, when we dance with unbridled joy to express gratitude for Torah in our lives, Passover intends that we express our gratitude for freedom. But gratitude is only part of the picture. Passover

ultimately expects us to shift our frame of reference about the world. We look into our collective past and attempt to see ourselves as we would each have personally experienced slavery. This task is a practice of introspection and reflection, rather than prospection.

On Passover we ask ourselves - would we have believed in God's redemptive power and Moses's leadership? Could we have endured Egyptian bondage and remained ever hopeful? And, while mustering the spiritual strength it takes to honestly answer these questions, we then turn and look out to our world through this shifted perspective, the viewpoint of the slave, and ask: what injustices do we now recognize in our own community that before we overlooked? How has our

human habit of focusing on our own futures blinded us to the needs of others in the here and now?

As Rabbi Jill Jacobs reminds us, the text of the Sephardic Haggadah perhaps best expresses our task of reframing during Passover. The Sephardic text commands, "Show [not just see] oneself (l'harot et atmzo) as having come forth from Egypt." With the addition of a single Hebrew letter 'hey,' this version changes the obligation from one commanding personal reflection to one governing the way in which one acts in the world. By leveraging our past, Passover asks us to become keenly aware of our human tendencies to think only of ourselves and our futures, and instead practice humility and justice through our actions. In this way we might move a step closer to fully utilizing the wisdom we've all inherited from Our Creator.

"By leveraging our past, Passover asks us to become keenly aware of our human tendencies to think only of ourselves and our futures, and instead practice humility and justice through our actions."

A Note from Shmuly Yanklowitz, Visiting Rabbi

I CAN'T WAIT TO JOIN YOU IN DALLAS

at the great Temple Emanu-El for an exciting weekend of learning. There is so much to discuss together about how our inner lives can mold our outer lives and vice versa. Indeed, we can uproot from within ourselves that which we despise most in others. When we see ourselves targeted with hate we must fight it, but we must also take the opportunity to ensure that the characteristics of hatred and bigotry will not exist within ourselves or our community. Thus, now is the time for spiritual resistance.

But what is spiritual resistance? For me, the term is typified by seeking positive reactions to negative forces in the world. This not only means activism and advocacy but also includes a process of looking inward to ensure that we represent the opposite of what we detest in the world.

The steps to spiritual resistance follow a simple rubric:



- When we encounter evil, we should respond in a manner designed to erase that evil.
- When we see arrogance, let's vow to be more humble.
- When we see bullying, let's pledge to be more empathetic.
- When we hear blatant lies, let's re-commit to living a life that honors truth.
- When we observe greed, let's locate the greed in us that needs to be addressed.
- When we become aware of systemic racism, sexism, and hate from national leadership or from individuals with whom we interact in our daily lives, let's work to uproot those evils within ourselves.

These guidelines are only an entry point into changing behavior through positive thought. A teaching attributed to the Baal Shem Toy, the founder of Hasidut, states that a truly righteous person sees themselves



within the sinner. He teaches: "Your fellow is your mirror. If your own face is clean, so will be the image you perceive. But should you look upon your fellow and see a blemish, it is your own imperfection that you are encountering—you are being shown what it is that you must correct within yourself."

Friends, together, we can build spiritual communities for learning, growth, and reflection. By transforming our own character and moral consciousness, we will be equipped to foster a more justice society together.

SCHOLAR-IN-RESIDENCE WEEKEND

FRIDAY, APRIL 17

12:30-2PM | Lunch and Learn

Rabbi Yanklowitz will speak about the texts of Pirkei Avot as wisdom that guides Social Justice engagement. **RSVP:** participate.tedallas.org/yanklowitzlunch

6:15PM | Shabbat Service and Expanded Learning Judaism as a Call to Social Action: Developing a Moral Voice Ta'am 8500 dinner following services RSVP: participate.tedallas.org/taam8500

SATURDAY, APRIL 18

9_{AM} | Saturday Chever Torah

Intolerance, Tolerance and Pluralism: An Exploration of Modern Jewish Approaches to Truth and Peoplehood

10:30AM | Saturday Shabbat Service

6PM | ATID Learning and Havdallah

A Jewish Approach to Mental Health Issues: Learning and Discussing the Unspoken RSVP: participate.tedallas.org/yanklowitzatid

With aratitude to the Dolores and Walter Neustadt Lecture

IN THIS ISSUE HOLIDAYS & PRAYER Shabbat Services 8 8 Community Observances 9 **Passover** Save the Date: Shavuot 9 Senior Send-Off Shabbat 19 COMMUNITY Clergy Message 2 Rabbi Shmuly Yanklowitz 3 **Our Community** 4 **Board of Trustees** 6-7 9 Lefkowitz Honors Feature Story: Older Adults 10-11 Community Garden 12 Sh'ma Group Spotlight 12 Temple Cares 16 Nefesh Mountain 22 FOR FAMILIES In the Know: Parent Education 18 Teens: Movie Night 19 Teens: Game Night 19 YL+E Variety Show 19 Family Shabbat Experiences 20 **ECEC Online Auction** 20 **ECEC Inclusion Month** 21 FOR 20s AND 30s 9 Passover Seder WRJ & BROTHERHOOD 5 Daughters of Abraham 5 **Pre-Passover Pampering** 5 WRJ Events 17 Brotherhood Israel Book Club **Brotherhood Monthly Meeting** 17 ADULT LEARNING 16 Temple Book Club Yoga Emanu-El 16 The Well 16 92nd Street Y 16 Goin' to the Chuppah Dinner 16 Torah and Talmud 16 Rabbi Olan Radio Sermon Series 16 Jewish Cultures: Dr. Shira Lander 17 Off the Bookshelf **Back Cover** PHILANTHROPY Annual Fund Spotlight: Gary Kahn 13 Contributions 14-15 FROM THE ARCHIVES William (Billy) Pearlstone Budner

OUR COMMUNITY

BECOMING B'NAI MITZVAH



Sydney Levin | April 4 Daughter of Lorin & Matt Levin Highland Park Middle School Tikkun Olam: Camp Sunshine



Max Levy | April 25 Son of Lissa & Eric Levy Haggard Middle School Tikkun Olam: Haggard Middle School Counselor Fund

MAZEL TOV

To Carol Miller (z"l) and Norman Miller on the birth of their grandson Copper Harry Miller, son of Karen and Adam Miller.

To Dr. Melvin Weinberg on his doctoral thesis "Rabbi Levi A. Olan (An Untired Liberal)" which is now published and available on Amazon.

CONVERSIONS

Taylor Silverman Jason Vinton

WEDDINGS

Roslyn Goldfarb & Dr. Gary Bloomgarden

Kayce Kuntz & Nicholas Silbert Kathryn Wiseman & Michael Swartz

IN MEMORIAM

Alec R. Becker

Son of Jeffrey & Shelley Becker Brother of Ryan Becker

Yefim Berliand

Father of Yelena Zilberberg

Carol Gene Cohen

Mother of Scott Cohen Sister of Cheri Small & Stephen Waldman

Gary Davis

Brother of Karen Kahn

James Hayden II

Father of Jamie Hayden

Bernard Joseph

Longtime companion of Delores Locklin

William George Krause

Father of Katherine Krause

Jerry Kriss

Brother of Phyllis Prager

Martin Litwin

Husband of Ruth Litwin Father of Brenda Nibert, Linda Fowler. Bennett Litwin & Stuart Litwin Brother of Jack Litwin

Dr. Louis Shlipak

Husand of Carole Shlipak Father of Michael Shlipak & Andrea Shlipak Mail

NEW & RETURNING

Billy, Toni, Sienna, Sophie & Hudson Breindel

Richard, Greyson, and Oliver Ellman

Andrew Goodman and Anna Miller-Goodman & Aubrey Goodman

Pat & Myron Kanis

Bobbie Krull

Nick Nestelbaum

Ted & Mindy Tobolowsky

BABY NAMINGS

Leonard "Leo" Salem Most

Son of Lacey & Zach Most

Lilly Danielle Sandler

Daughter of Micall & Darryn Sandler

Eve Turley Stich

Daughter of Erin Turley & Steve Stich

Jake Szor

Son of Ashley & Jay Szor Grandson of Nancy & Gerald Szor

Amelia Lynne Triay

Daughter of Ashley & Jorge Triay



Growing Beyond Tolerance

s it possible to bring together a group of Jewish, Christian, and Muslim women and see them progress from strangers into a close-knit sisterhood of tolerance, genuine respect, and love? If this could be accomplished, might it provide hope for world peace?

These were the questions that impelled Dallas social worker Janice Lord to organize Daughters of Abraham in a post 9/11 environment. Scouring the community for women who would put aside their vulnerability and reach out in courage to those of other faiths, she persisted until she had a small group that included women of all three faiths. Since 2002 when a few people first met in Arlington, the group has attracted the attention of hundreds of women across the Metroplex, including Temple's own Women of Reform Judaism. Leah Beth Kolni has been attending meetups since Temple first got involved in 2012.

"I grew up in southeast Texas and did not have the opportunity to know any Muslim people," says Kolni. "It has been wonderful to meet Muslim women and realize that we have so much in common. Getting to know and become friends with women of not only the Muslim faith, but also Christian women I might not have met under any other circumstance has been extremely rewarding personally."

Sharing traditions, building friendships, and growing with love.

From the beginning, the women in Daughters of Abraham were committed to a participatory, democratic structure rather than forming a non-profit organization, which entailed a vertical structure with officers. Responsibilities have been shared by each faith. The monthly gatherings rotate from synagogue to mosque to church, with the host faith providing a discussion facilitator and light refreshments.

"So many stereotypes have been erased as we learn from each other as individuals. We all come to understand that we are more alike than we are different and that leads to a very meaningful opportunity for personal growth."

Aware that violent behavior often stems from prejudice and misinformation, the group reaches into the community to model their experience of working together in peace and harmony. According to Kolni, women from Temple Shalom, Beth El Binah, Shearith Israel and Congregation Shaare Tefilla have attended the Dallas meetups, which often attract up to 50 women in attendance each month. Meetings are also held in Fort Worth and Denton.

"The women who participate are very often surprised and delighted to find how similar our beliefs are and that being open to learning about other religions makes a person appreciate and want to learn more about her own faith," she says.

Temple women members interested in attending a Daughters of Abraham meetup, please contact Leah Beth Kolni at leahbkolni@gmail.com.



Daughters of Abraham April Meet-Up

Thursday, April 16, 7PM, Temple Emanu-El

Food in Our Faiths: Potluck including foods from Passover, Easter, and Ramadan. Please join us!

UPCOMING EVENTS

Pre-Passover Pampering

April 2, 6-7:30рм

Activities include Essential oils for health and wellness with Ally Raskin, a Qigong (moving meditation) session with Emily Atlas and sister schmooze time.

RSVP: tesisterhood.org

Game Night

April 22, 6:30-8:30рм

Spend an evening playing, Mah Jongg socializing, and having fun! Bring your Mah Jongg set and cards; games formed as participants arrive. RSVP: sharon@txwilley.com

Stretch and Schmooze

Мау 3, 9:45 АМ

Enjoy a yoga class during YL+E hours. Bring your own mat. Childcare available upon request. Email: lelia.nichols@gmail.com

And the Mominations are...



SARA M. ALBERT



About You: Married to Mark, mother of two, Dallas native, SMU Dedman School of Law and University of Arkansas grad, formerly practiced corporate law; now focused on agricultural and food law and policy

Temple Engagement: Member for 32 years, Social Justice, Just Congregations, Sh'ma

Emanu-El, Prayer Project, and was part of the founding group of Temple's Community Garden. Interested in learning more about Temple finances

Community Engagement: Governance and strategy roles with a wide variety of non-profit organizations, Parkland NICU Hobbies: Gardening

NIKKI HURST GIBSON



About You: Married to Dennis, mother of three, Dallas born, Duke University and SMU Dedman Law School grad

Temple Engagement: Member for more than 30 years, Social Justice, Just Congregations, Budget Committee. Interested in social justice issues

Community Engagement: Planned Parenthood, Annie's List, and regional alumni board member for Duke University Hobbies: Running, pilates, travel and volunteer work

GAYLE G JOHANSEN



About You: Mother of three, born and raised in Fort Worth, Tulane University grad, currently Sr. Vice President at Briggs Freeman Sotheby's Int'l Realty

Temple Engagement: Member for 42 years, Executive Committee, Nominating Committee, Religious School Committee,

Co-chaired Engagement Task Force, Cohort leader for the Annual Fund

Community Engagement: ESL teacher for adult immigrants at Literacy Achieves (aka Vickery Meadow Learning Center) Hobbies: Travel, yoga, book club, baking challah

JOSH KAHN



About You: Married to Charlotte, father of four, born in Hartford, CT, but raised mostly in Dallas, University of Phoenix grad, owner of family business, Kahn Mechanical Contractors

Temple Engagement: Member for 15 years, Facilities, Budget, Nominating Committee,

Focus Committee

Community Engagement: ESL teacher for adult immigrants at Literacy Achieves (aka Vickery Meadow Learning Center) Hobbies: Boating, waterskiing, camping, volunteer work

HANNE KLEIN



About You: Mother of four, SMU grad, former regional director for the American Jewish Committee, freelance writer for Dallas Morning News, D Magazine and Modern Luxury

Temple Engagement: Member for over 50 years, Executive Committee, Social Action

Task Force, Outreach, and former vice-chair of the Board Development Committee

Community Engagement: Volunteer work and philanthropy Hobbies: Opera, theater, reading, bridge

ITO PERL



About You: Married to Marian, father of three, SMU grad, worked for Texas Instruments for 35 years then as Executive Director of Temple Shalom for two years Temple Engagement: Member for over 30 years, Board of Directors, House and Grounds, Brotherhood, Older Adult,

The Well

Community Engagement: Volunteer work and philanthropy Hobbies: Reading, computer work, and health care

Introducing the slate of nominees to the BOARD OF TRUSTEES



RANDY RATNER



About You: Father of two, UT grad, UT Dedman School of Law grad, commercial real estate attorney with Akin Gump Strauss Hauer & Feld LLP

Temple Engagement: Member for over 40 years, Executive Committee, Design & Construction for Our Temple Our Future,

Brotherhood, current chair of Facilities Committee

Community Engagement: Helps build homes for Habitat for Humanity, Brotherhood mitzvah cooking for more than 20 years

Hobbies: Travel, fitness, golf, reading

PAIGE SACHS



About You: Married to Marc, mother of three, UT grad, publishing career with Conde Nast and Hearst, consulting work with non-profits such as The American Cancer Society and Jewish Family Service Temple Engagement: Member for 12 years, YL+E, Social Justice, and The Annual Fund

Community Engagement: Community service with her kids at JFS, Meals on Wheels, Hunger Busters and The North Texas Food Bank

Hobbies: Family time

MATTHEW H. SWERDLOW



About You: Married to Rachel, father of two, SMU Dedman School of Law grad, partner in the real estate and banking section at Thompson & Knight

Temple Engagement: Member for eight

years, ECEC

Community Engagement: Community service

to various organizations **Hobbies:** Family time

DIANA J. TELESCA



About You: Born in Republic of Panama, analyst in the finance and mortgage industry, left her Christian faith after attending Friday Shabbat Service at Temple Emanu-El in July 2016 and realizing Temple is where she belongs. Converted in 2017.

Temple Engagement: Member for three years, Temple Emanu-El Choir, Music, Arts & Culture (MAC) Committee, recent member to Jews of Color Task Force

Community Engagement: Teaches Spanish at public library Hobbies: Family time with her three nieces and four nephews

TINA WASSERMAN



About You: Married to Richard, mother of two, Syracuse University and New York University grad, food columnist for Reform Judaism magazine for more than ten years and best-selling author of culinary books Temple Engagement: Member for 30 years, taught Hebrew School, ATiD, The Annual

Fund, running Passover workshops

Community Engagement: Active in voter registration, executive board member of American Jewish Committee, and board member of URJ Camp Newman in California

Hobbies: Volunteer work with resettling victims of Hurricane Katrina, and Iraqi families in Dallas, playing bridge

Note: As of press time, the Annual Meeting, election and installation had not yet taken place.

When you see them around Temple, tell them thank you for sharing their time and talents!

לום Shabbat Shalom

ויקרא

Vayikra

Leviticus 1:1-5:26

Friday, April 3 6рм, Pollman Hall **Tot Shabbat** Rabbi Amy Ross

Ian Simpson, Songleader

6:15PM, Stern Chapel Rabbi Kimberly Herzog Cohen Rabbi David Stern Cantor Vicky Glikin Cantor Leslie Niren

Saturday, April 4 10:30_{AM}, Lefkowitz Chapel Rabbi Daniel Utley Cantor Leslie Niren

Followed by Shabbat Nosh, a light congregational lunch

10:30AM, Olan Sanctuary Rabbi David Stern Cantor Vicky Glikin Bat Mitzvah: Sydney Levin

צו

Tzav Leviticus 6:1-8:36

Friday, April 10 6:15PM, Stern Chapel Rabbi Kimberly Herzog Cohen Rabbi David Stern Cantor Vicky Glikin Ian Simpson, Songleader

Saturday, April 11 10:30_{AM}, Lefkowitz Chapel Rabbi Daniel Utley Cantor Vicky Glikin Bar Mitzvah: Mori Cox

שמיני

Sh'mini

Leviticus 9:1-11:47

Friday, April 17 6рм, Linz Hall Sababa

Rabbi Amy Ross Ian Simpson, Songleader Kol Shir Youth Choir

6PM, Weiss Youth Wing Teen Shabbat Rabbi Daniel Utley

6:15_{PM}, Stern Chapel

Rabbi David Stern Cantor Vicky Glikin Cantor Leslie Niren Rabbi Schmuly Yanklowitz, Scholar-in-Residence

Saturday, April 18 10:30_{AM}, Lefkowitz Chapel Rabbi Kimberly Herzog Cohen Cantor Vicky Ġlikin Rabbi Schmuly Yanklowitz, Scholar-in-Residence

11AM, Pollman Hall Shabbat B'Yachad Rabbi Amy Ross lan Simpson, Songleader

Sunday, April 19 6:30_{PM}, Olan Sanctuary Yom HaShoah: Holocaust Remembrance Day **Community Service** Temple Emanu-El Choir

תזריע

Tazria

Leviticus 12:1-15:33

Friday, April 24 6:15pm, Olan Sanctuary **Union Prayer Book** Rabbi David Stern Rabbi Kimberly Herzog Cohen Cantor Vicky Glikin Temple Emanu-El Choir

This service will include a blessing for April birthdays

6:15_{PM}, Stern Chapel Senior Sendoff Shabbat Rabbi Daniel Utley Cantor Leslie Nirén Ian Simpson, Songleader

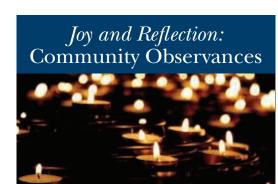
Saturday, April 25 10:30_{AM}, Lefkowitz Chapel Rabbi David Stern Randy Pearlman, Cantorial Soloist

10:30AM, Olan Sanctuary Rabbi Kimberly Herzog Cohen Cantor Vicky Glikin Bar Mitzvah: Andrew Pass

4:30_{PM}, Stern Chapel Rabbi Daniel Utley Cantor Leslie Niren Bar Mitzvah: Max Levy

IMPORTANT NOTE

Temple Emanu-El clergy and staff are committed to supporting our entire community even when we cannot be close to each other physically. Social distancing does not mean social isolation. Please visit tedallas.org or our Facebook page (TempleEmanuElDallas) for the latest updates on scheduling and online connection.



Yom HaShoah Holocaust Remembrance Day, April 21

Yom HaZikaron Day of Remembrance, April 28

MONDAY, APRIL 27 Community Service

7:30_{PM}, Congregation Anshai Torah 5501 Parker Road, Plano

Yom HaAtzmaut

Israel Independence Day, April 29

FRIDAY, APRIL 10 6:15_{PM}, Stern Chapel

Celebrate Israel at a special service with music by Israeli composers and an Israel-themed sermon.

> WEDNESDAY, APRIL 29 9:15AM-12PM

The ECEC invites infants-6 years old children to come and eat falafel, visit animals on a kibbutz, experience an archeological dig, squeeze oranges in Haifa for delicious orange juice, write notes to place in the Kotel, dance with Israeli Flag, and more.

PASSOVER APRIL 8-16, 2020



Passover is perhaps the most widely observed holiday of the entire year, and many families have long-standing, beloved traditions that have been passed down from generation to generation. An important Jewish value is to invite strangers to the Passover Seder, which celebrates freedom. We remember that once our people were strangers in a strange land, vulnerable, without rights or protection, subject to oppression, cruelty and slavery. As we ascend the 15 steps of the Seder, we literally taste the bitterness of our oppression and are reminded of what it feels like to be the stranger, unwelcomed, with no one to come to our aid.



Community: Be Our Guest
We understand your Passover plans may have changed, and we welcome you to sign-up to be a quest or to host Seder at your home. Visit participate.tedallas.org/seder to sign up. Contact: Debbie Fuqua, dfuqua@tedallas.org



Young Adults Seder

ATiD, Temple's community of 20s and 30s adults, is sponsoring a series of seders in private homes. Contact: Erika Purdy-Patrick, epurdy-patrick@tedallas.org



Social Justice: Hunger Relief

Temple is seeking monetary donations to be distributed to our social justice partners. To make your gift, visit participate.tedallas.org/hungerrelief



Prayer

Thursday, April 9 | Festival Service | 10:30AM | Lefkowitz Chapel Wednesday, April 15 | Festival Service with Yizkor | 10:30AM | Stern Chapel



Pop-Up Library
Watch for the pop-up library at Temple before the holiday for reading resources. Or check out Haggadot for your seder! Contact: Anjelica Ruiz, aruiz@tedallas.org



Visit tedallas.org/passover for various printable Haggadot, food guidelines, children's art projects, music by our cantors and learning from our clergy.

Seder plates are available at Judaic Treasures, judaictreasures.com.

Lefkowitz Honors

If you are celebrating a *simcha* (a birthday or an anniversary of any sort, marking a milestone (recovery from an illness, yahrzeit of a loved one, accomplishment an achievement or challenge) or just want to do something special, participating in Shabbat morning services in the Lefkowitz Chapel is a great way to mark that moment in the embrace of your congregational family. If you'd like to carry or undress/dress the Torah, offer the Torah blessings, chant Torah (in Hebrew), or read the Haftarah in English with the blessings in Hebrew it's easy to make the arrangements. Please contact Jennifer Dietz in Rabbi Debra Robbins' office and a member of our Gabbai Team (Volunteers who arrange these honors for services) will be in touch to confirm a date and even help you practice. Call 214-706-0017 or email jdietz@tedallas.org

SAVE THE DATE

Shavuot

Thursday, May 28, 6:30PM

We are counting the days up to Shavuot when we receive the Torah at Mt. Sinai! Join us as we delve into the Ten Commandments (Aseret HaDibrot) brought to life by our Adult b'nai mitzvah students, learn in small groups, and of course enjoy delicious gelato and other dairy delights! Don't miss this opportunity to ascend to Mt. Sinai with your community! Stay tuned for more detailed information in the May Window.

The Time is Now For Older Adults Engagement

Board President Chris Cheniae and Macki Ellenbogen, a member of the Board of Trustees, answer questions about recent efforts to increase older adult engagement at Temple.

What led you to create a Task Force on Older Adults **Engagement at Temple?**



CHRIS: A couple years back I remember meeting a friend and Temple mentor of mine for coffee. For decades she's been a dedicated volunteer and leader, so I wanted to get her perspective on helping new members feel welcome. I was not surprised when she had some wonderful ideas for engagement and connection. What did surprise me was that the conversation

turned when she spoke of her feelings of not feeling as engaged, needed or valued as a volunteer. She said she just didn't feel "seen" anymore.

Temple has made significant updates to enhance the ways we connect and engage with one another. Membership is growing and our beautifully renovated building is alive with activity of members learning, laughing and living with sacred purpose. We've also come to realize that what seems to be positive change to many, can bring real challenge to some in our congregation. Our older adults have expressed concerns that they are feeling left behind as they've encountered obstacles to participating at Temple.

This past fall I asked Macki Ellenbogen to work with Scott Rosuck, our Vice President over Demographic Engagement, and lead a task force to find out what older adults think and how they feel about Temple at this juncture of their lives.

What are the numbers of people we're talking about in our congregation?

CHRIS: We have approximately 1250 adults over the age of 70, representing over 40% of our adult membership. Over 12% (around 550 individuals) are over age 80.

Who did this work with you?



MACKI: The task force was comprised of a diverse group including members with professional experience in working with older adults, members over age 80, as well as key staff and lay leaders. The Task Force included: Kitzi Ball, Hanne Klein, Peggy Papert, Ito Perl, Morton Prager, Joyce Rosenfield, Buddy Rosenthal, Stephanie

Rosuck, Connie Rudick, Norma Schlinger, Phyllis Stoup, Doris Waterman, Rhea Wolfram, and myself. Other members included Rabbi Debra Robbins, Scott Rosuck, Beth Gold, Lauren Kahn, Karen Hoffman and thank you to Meredith Pryzant for her wonderful staff leadership. In addition, Temple member Michael Selz provided valuable insights through his professional lens in research and implementation.

How did you approach this important work?

MACKI: The task force invited members 80 years and older to conversations held in 6 senior living residences, the Bonaventure, and at Temple, to share their experiences at Temple. We were pleased that 120 members participated in 15 separate conversations, all responding to the same questions. The responses were then reviewed by Michael Selz and Karen Hoffman and returned to the Task Force to develop recommendations based on themes that emerged. We then presented the report to the Executive Committee and Board of Trustees.

The time is now to be bold in committing to our older adults both in how we welcome them inside and outside this soul-filling campus...



66 We were pleased that 120 members participated in 15 separate conversations, all responding to the same questions.

So, what's next in the process?

CHRIS: To ensure our more senior members continue to have sacred encounters at and with Temple we're forming a group of leaders to review the recommendations of the Task Force and determine what action items to assign to the appropriate committees or councils across Temple. We want this to not only live with one committee but encourage all committees to use a lens of inclusion during their planning stages.

Who will oversee the implementation of recommendations and who will be monitoring the progress? Is it too late for others to get involved?

CHRIS: Once the oversite team presents the recommendations to the relevant committees, our Temple Vice Presidents will work with the different groups on implementation and report back to the Executive Committee and Board on progress.

We're always open to people's suggestions and active involvement. If you want more information about the task force work, recommendations or how you can get involved, contact me directly or Karen Hoffman, Associate Executive Director, at Temple.

This was a big task to undertake.

CHRIS: Yes, and I'd like to thank all who took time to help with this important work of inclusion, with a special shout-out to Meredith Pryzant for her extraordinary staff leadership on this task force. I'm always so inspired by the love and care shown in this place and how we strive to fulfill our core values by being a community of warm welcome, meaningful relationships, and mutual responsibility.

I'd also like to add the closing comments that were presented in the report to the Board. "The time is now to be bold in committing to our older adults both in how we welcome them inside and outside this soul-filling campus. The time is now to acknowledge what we heard this time when we asked our older adults what they want and need.

In her Rosh Hashanah morning service last September Rabbi Robbins shared that, "On Rosh Hashanah we consider the nourishment we receive from those who came before us, AND how our lives will provide the nourishment for future gardens." The time is now for us to honor our older adults who planted so many seeds in this congregational garden by demonstrating with words and actions that we have heard, that we understand and that we will act to deepen their connections while we continue to plan for the future of Temple Emanu-El."



Some of the recommendations of the Older Adult Task Force include, but are not limited to, both immediate action items and some that may take more time to allocate resources and planning.

Immediate Action

- Address transportation for older adults and accessibility for all congregants
- Publicize and promote the availability of reimbursement for rides to and from UPB services, special and holiday congregational services and dinners, for those in need
- Recruit additional welcome team volunteers specifically to assist congregants with mobility devices during Shabbat services.
- Provide opportunities for older adults to interact socially without a specific programmatic agenda.

Intermediate Action (2020/2021)

- Maximize opportunities to engage older adults with clergy, especially those who do not require pastoral attention.
- Provide opportunities for older adults to build social connections before and after existing programs during 2020-2021 program calendar process.
- Plan opportunities to educate older adults about the transition from Classical Reform to today's Reform Worship style, while providing ongoing conversations and commitments to creating worship experiences that are meaningful to this population.

Long -Term Action (2021/2022)

- Create intergenerational programming opportunities that specifically pair older adults with ECEC, YLE, Kol Shir Youth Choir, B'nai Mitzvah and Confirmation students. Specific ideas focused on storytelling for Temple's upcoming sesquicentennial, visiting senior living facilities and Shabbat activities.
- Create and celebrate new rituals/milestones for older adults including home transitions, having grandchildren, retirement and other later-in-life benchmarks
- Transport existing Temple programming to senior living facilities and older adult communities using technology, maximizing program staff, and leveraging clergy resources. Examples include The Conversation Project, Clergy Lunch and Learns, Sh'ma Emanu-El groups.
- Create programming tailored to older adults both at Temple and for "road shows" to senior living facilities and older adult communities. Examples include modern Jewish authors, death and dying, meaning of Yizkor, societal changes, Hartman Institute, Jewish Holiday discussion, Rabbi Zimmerman, interfaith discussion and dialogue.



Spring Into Gardening

n the Jill Stone Community Garden, the brisk winter winds did howl. There were freezes, clouds, rain and the occasional sunny day but little warming Febrrrruary. In spite of the weather, the garden was gifted with wonderful new volunteers, including 9-year-old Abby, working very hard renewing the pathways with wood chips. Some of our volunteers were also low in height but tall in spirit. Children from the Early Childhood Education Center picked 15lbs of kale to donate to the Vickery Meadow Food Pantry one. To them, and our volunteers of all ages, thanks for coming out in chilly February.

This time of year, it's all about the greens. They like this weather and put on a good show. This is the first winter we have had use of 18 new beds, constructed over the summer, compliments of the Kleinman family. It has made a tremendous difference in the amount of delicious organic produce we contributed to the food pantry. In February we donated 172lbs in one month! Yep, that's a lot of leaves. Our Wednesday garden wrangler, Lori Droppo, shows up in rain, snow, sleet and wind with her crew harvesting those greens. As she says, "no matter the weather, people need to eat!"

Our Greenhouse wranglers have started tomatoes, peppers, eggplant, herbs and the occasional flower in little pots. The sprouts spend their childhood in the warmth and humidity of the greenhouse getting ready for the big show (when there is no longer a chance of frost and the soil temperature is consistently warm.) As you can imagine,

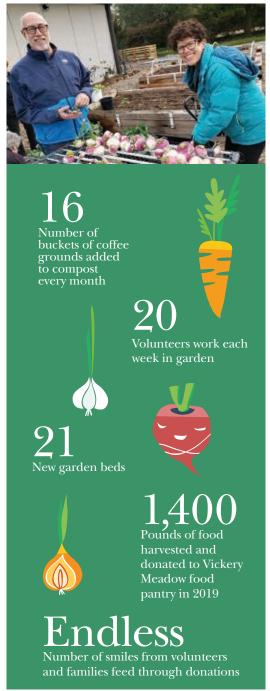
predicting frost is a bit of a gamble. Last fall, we were not expecting a frost until November but it came before October—the earliest in 28 years! So we have become consummate weather watchers when deciding when to get the plants transferred to the outside beds. Then we pray for a good growing season.

Volunteers are the ones that keep our little garden thriving. You can join other gardeners any Sunday at 9AM or Wednesday at 8AM. No experience necessary. We provide the know-how; you bring the gusto!

- Kay Mckinnis, Chair

For information, contact Alexandra Horn, Director, Social Justice & Small Group Engagement, at 214-706-0000, ext. 126.





SH'MA EMANU-EL GROUP SPOTLIGHT

YOGA SH'MA GROUP

The Yoga Sh'ma Group welcomed two wonderful refugee women into their home and into their hearts. They shared not only their heartfelt stories of courage and determination, but recipes from their birthplaces as well. The topic for the evening was gratitude. This Sh'ma group was gratified to help support their efforts as they settle here in Dallas. Please consider inviting them into your homes and events— Break Bread Break Borders (www.breakbreadbreakborders.com).

Sh'ma is on Facebook! Search for "Sh'ma Emanu-El" To join a small group, contact: Alexandra Horn, ahorn@tedallas.org





Annual Fund Spotlight: Gary Kahn



For legacy member Gary Kahn, Temple carries a deep and special connection.

How has Temple Emanu-El been here for you throughout your life? It has been my privilege to be a lifelong member of Temple Emanu-El, our family's spiritual home. Over my lifetime, so many of our family's most treasured memories were hosted at Temple. For sheer joy, it is hard to top the baby namings of our two children: Lauren in 1983, Michael in 1985. As parents, we were so proud to watch our children's Bat and Bar Mitzvah, respectively. But in the circle of life, there is both a beginning and an end. In 2013, when we received the devastating news that my beloved wife, Beth, had been diagnosed with stage 4 glioblastoma, the outpouring of love and support from the rabbinical staff and broader Temple community was overwhelming and was a tremendous source of strength and comfort for our family. Rabbis David Stern and Nancy Kasten, who live around the corner, were always available to Beth and our entire family during this very difficult and sad time. No words can adequately express how grateful we are for all of their love and guidance. Because of Beth's love for teaching young children and deep commitment to Temple, our family is so proud to honor her memory with the Beth F. Kahn Roots & Wings classroom in the ECEC.

How do you feel being a Temple member? Our family is extraordinarily proud to have been associated with the Temple since its very earliest days. My great grandfather, Simon Linz, and his wife Beccie, joined the Temple in 1891 and established a tremendous legacy of giving and community leadership. I am so proud that my two grandsons, William (5) and Charlie (2) are sixth generation members of Temple.

How do you envision Temple for future generations? As we start to approach the celebration of our 150th Anniversary, I could not be more excited about the future of our Temple and the important role it will play for future generations. With our nationally recognized clergy staff, led by our senior Rabbi David Stern, and the strong and highly strategic leadership provided by our Board, there is no question that Temple will continue to have a vital role in our community and city. What has historically made Temple such a special place, our core Jewish values, commitment to learning and focus on social justice and helping others, as well as our willingness to grow and change with the times, is a timeless message that continues to resonate with our future generations.

Tell us about your role with the Annual Fund. I feel privileged to be a part of an incredible team of dedicated volunteers who are so committed to supporting the exciting programs and initiatives of our Temple. Under the direction of Mary Lee Broder, our goal in 2020 is to raise in excess of \$1.2 million from a minimum of 1,000 participants. My specific role is to focus on the 60's age group in addition to reaching out to members of the congregation who have not previously donated to the Temple. It is tremendously rewarding to visit with our members about all of the amazing ways Temple positively impacts our lives and why it is so important for all of us to give generously to the Annual Fund.

Why is it important for people to give to Temple, no matter of one's financial circumstances? For as long as I can remember, Temple Emanu-El has been blessed to have extraordinarily dedicated and inspirational leaders who, working hand in hand with the clergy, have built one of the strongest, most highly regarded Jewish congregations in our country. Once you have spent any time in or around the Temple, whether it's the High Holy Day services, the ECEC, Adult Learning programs or our important social justice initiatives, it does not take long to realize how truly blessed we are to have such a vibrant, inclusive and caring community which we can be so proud of. To ensure that our children and our children's children are as fortunate, it is vitally important that we continue to invest in our future. No matter your age or financial constraints, when we give, we improve the lives of others and feel better connected to our spiritual home, Temple Emanu-El.

Pictured: David, Lauren, Gary, Alex, William, Charlie and Michael.



Your gift of any amount makes a difference. Contribute today at tedallas.org/annualfund



GIFTS OF MEMORY, HONOR AND GRATITUDE

Tributes for Sustaining Temple



OUR CONGREGATION

DORA ARONSON HELPING HANDS FUND

Distributions by Rabbi David Stern to individuals in need of financial assistance, particularly in

Memory of Katherine Bauer

By Susan & Allyn Kramer

Memory of Irwin J. Grossman

By Phyllis Sumner

Memory of Jerry Kriss

By Bette & Gary Morchower

Memory of Martin Litwin

By Bootsie Golden By Minna & Mitch Goldminz

Memory of Jack Repp

By Gaylyn & Howard Lipp

Memory of Judith Charno Sanditen

By Audrey & Stanton Unell

Birthday of Larry Sayah

By Irma Grossman

SUSAN SALOM CLERGY GOOD **WORKS FUND**

Distributions to charitable organizations, individuals in need or community causes by Temple's clergy

Memory of Howard Alexander

By Marjorie Cowin

Memory of Alec Becker

By Karen Levinson

Memory of Leon Bloom

By Judy & Robb Steinberg

Memory of Susan Diane Ely

By Jerry Ely

Memory of Ron Fiedelman

By Ellen & Arnold Marks

By Stacy & Stuart Simon

Memory of Alvin Goodstein

By The Rome Family

Memory of James Hayden

By Rosie Stromberg

By Sherilee & Richard Trubitt

Memory of Jerry Kriss By Rosie Stromberg

Memory of Arnold Kurtz

By Cindie & David Kurtz

Memory of Martin Litwin

By Ruth Litwin

Memory of Sylvia Mandel

By Judy Cohn

Memory of Tina Novick

By Michael Novick

Memory of George L. Phillips

By Marjorie Cowin

Memory of Jack Repp

By Hannah & Carl Beren By Lotty Repp & Peter Casillas

By Marcia Grossfeld

By Jacque & Morton Prager

By Rosie Strombera

By Sarah Yarrin

Memory of Irene Rosenfield

By Marjorie Cowin

Memory of Leon Rubenstein By Pauline Denur

Memory of Maurice Schermann

By Patty & Brian Heath Memory of Lorna Sheinfeld

By Debbie & David Sheinfeld

Memory of Louis Sonnentheil

By Joanne & Steve Levy

Memory of Annette Wolk By Elise Power & David Becker

Memory of Marvin Yost

By Cindie & David Kurtz

Appreciation of Cantor Vicky Glikin

By Ruth Litwin

By Lauren & Seth New

Appreciation of Rabbi Kimberly Herzog Cohen

By Carole S. Cohen

By Monica & Joseph Haverkamp

By Phoebe & Nicholas Mirro

By Karla & Larry Steinberg

Appreciation of Rabbi Debra Robbins

By Lotty Repp & Peter Casillas

By Caroline Kaye

By Elise May & Tommy Christiansen

By Stan, Marsha, Ellie & Mason Repp

By Mr. & Mrs. Gerald Szor

By Sarah Yarrin

Appreciation of Cantor Leslie Niren

By Carole S. Cohen

Appreciation of Rabbi David Stern

By Katherine & Jacques Aferiat

By Lotty Repp & Peter Casillas

By Jerry Ely

By Stan, Marsha, Ellie & Mason Repp

By Sarah Yarrin

Appreciation of Rabbi Dan Utley

By Tricia & Matt Gold

By Ruth Litwin

By Lauren & Seth New

By Michael Novick

By Roberta Spector

Appreciation of Hallie Weiner

By Stan, Marsha, Ellie & Mason Repp

As a Contribution

By Linda Biderman

As a Contribution

By YPO Gold Mayerick

Bat Mitzvah of Natalie Yellen By Marianna & Jonathan Yellen

Birthday of Irwin Korngut By Barbara Hurst & Richard Schatz

Bris of Grayson Ross

By Lee Ann & Scott Harris

Honor of Jim Brodsky

By Ann Sentilles

Naming of Eve Stich

By Anonymous

Naming of Jake Szor By Mr. & Mrs. Gerald Szor

Speedy Recovery of Rabbi David Stern

By Sam & Hank Útay

ANNE AND SAM KESNER CARING **CONGREGATION FUND**

Assistance for Temple members through all phases of life including hospitalization, elder care, military service, mental health challenges and grief

Memory of Alec Becker

By Toby Niger

By Anjelica Ruiz

Memory of Lois Bernstien

By Paula & Norm Feldman

Memory of Martin Litwin

By Nina Cortell & Dr. Bob Fine

Memory of Phyllis Sallinger By Carolyn Helfman

Memory of Adam Steinberg

By Cyvia & Marvin Noble

Appreciation of Rabbi Debra Robbins

By Bobbie & David Repp

Appreciation of Rabbi David Stern By Bobbie & David Repp

Speedy Recovery of Rabbi David Stern

By Sylvia & Malcolm Cohen

OUR TEMPLE AND CEMETERY

ROSE MARION AND LEE H. BERG

BUILDING FUND Upkeep and maintenance of our historic building

Memory of Benjamin M. Bermudez

By Toby Gruber

Memory of Morris Cohen

By Helaine Trachtenberg

Memory of Mel Crohn

By Helaine Trachtenberg Memory of Susan Diane Ely

By Evelyn Tippett

Memory of Burton Jaffe

By Rita Sue & Alan Gold Memory of Dolores Y. Kolbrick

By Toby Gruber

Memory of Jerry Kriss By Ynette & Jim Hoque

Memory of Willie Landau

By Margie Landau

Memory of Martin Litwin By Harold Krom

By Helaine Trachtenbera

Memory of Annie Margules

By Stanley Dayton Memory of Linda Oksner

By Helaine Trachtenberg

Memory of Jack Repp

By The Karpel Family

By Helaine Trachtenberg Memory of Esther Rosenbaum

By Helaine Trachtenberg

Memory of Celia Rose Samuelsohn By Karla Temerlin

Memory of Adam Steinberg

By Ynette & Jim Hogue

As a Contribution By Richard M. French

Birthday of Harold Krom

By Myra & Stuart Prescott

By Sally L. Pian & Ira W. Silverman

Honor of Jerry Ely

By Evelyn Tippett

By Jeanie Tolmas

Honor of Debbie Friedman

By Jeanie Tolmas Honor of Jana Friedman

TEMPLE EMANU-EL CEMETERY ENDOWMENT FUND

Distribution from the Temple's foundation supporting the maintenance and improvement

of the cemetery grounds Memory of Dubley Frauman

By Milton Leventhal Memory of Flora Katz Leventhal

By Milton Leventhal

Memory of Arno Weinstein By Helga & Gerardo Weinstein

DOROTHY AND HENRY JACOBUS ARCHIVES FUND

Support of special exhibits from our Archives

Memory of Martin Litwin

By May Sebel

RABBI GERALD J. KLEIN MEMORIAL

CEMETERY FUND Beautification and improvements of the Temple

Emanu-El Cemetery

Memory of Jack Repp By Sharon & Eric Goldberg

By Joan & Malcolm Shwarts

As a Contribution By Marcia & Ed Fitzmaurice

RABBI GERALD J. KLEIN GARDEN FUND

Maintenance of the Klein Garden

Memory of Mike Levy

By Joanne & Steve Levy Birthday of Arthur Schonwald

By Joan & Malcolm Shwarts

ALEX F. WEISBERG LIBRARY FUND Purchases of Judaic books, publications and

entertainment media Memory of Edith Wallach

By Judith & Andrew Finger

By Judy & Ron Foxman

Memory of Louis Wallach By Judith & Andrew Finger Speedy Recovery of Wendy Blum

RABBI SHELDON ZIMMERMAN BUILDING

ENDOWMENT FUND Support for maintenance of Temple's building

Memory of Ida Baumgarten

By Judith E. Zimmerman & Sheldon Zimmerman

Memory of Helen Zimmerman By The Zimmerman Family

GENERAL

TEMPLE EMANU-EL GENERAL OPERATING FUND

Support of Temple's general programs and events

Memory of Alec Becker

By Donna Kun

Memory of Barbara Bubis

By Ralph Bubis

Memory of Carol Corbin

By Debbie & Alan Frankfurt

Memory of Ira Flax

By Sondra Hollander

Memory of Gloria Fleischer

By Henry Fleischer

Memory of David Lee Frankfurt

By Debbie & Alan Frankfurt

Memory of Bernard Freed

By Diane & Gary Freed

Memory of James Hayden

By Susan & Evan Bates

By Julie & David Fields

Memory of Martin Litwin

By Saralynn Busch & Andrew Fenves

Memory of David Saunders

By Sarith & Rich Abramowitz

Memory of Adam Steinberg

By Dr. Benton & Jill Middleman & Family

By Chuck & Beth Raden Brummer

By Teresa & David Lombardi

Memory of Bernice Steirn

By Wendy & Stephen Lieman Memory of Rose Hannah Sturman

By Milton Sturman

Memory of Sol Weinberger

By Blanche Weinberger

Bat Mitzvah of Natalie Yellen

By Marianna & Jonathan Yellen

Birth of Lela Adeline Meiggs

By Ruthie & Jay Pack

Birthday of Ruth Andres

By Francis Blatt

Birthday of Peter Fonbera

By Zeck & Marilyn Lieberman

Conversion of Donna Harris

By Sarith & Rich Abramowitz

Honor of Scott McCartney

By Brad Blumenthal

Honor of Rhea Wolfram

By Pat Peiser

Speedy Recovery of Wende Linde

By Blanche Weinberger

TEMPLE EMANU-EL ENDOWMENT FUND

Distribution from the Temple's foundation supporting Temple's programs

Memory of Martin Litwin By Bess Hoffman

MUSIC AND PRAYER

MUSIC FUND

Enhancement of Temple music programs

Memory of Simon Goodman

By Mimi G. Aronoff

Memory of Linda Oksner

By June Leib

Memory of Jack Repp

By Sherri & Alan Darver By Dena & Steve Denn

By Sandy & Dan Gorman

Appreciation of Cantor Leslie Niren

By Sue Mintz & Jim Paniptinto

Birth of Janet & Jay Finegold's Granddaughter

By Michelle & Ricky Rickoff

Honor of Cantor Vicky Glikin By Lynn & Bob Behrendt

Honor of Cantor Leslie Niren By Lynn & Bob Behrendt

ALINE C. RUTLAND PRAYER BOOK FUND

Purchases of prayer books

Memory of Linda Oksner

By Helen Feldman

Memory of Fannie Rachofsky

By Helen Feldman

Memory of Lillian Spitzer By Lottye & Bobby Lyle

ADULT PROGRAMS

LEONARD M. COHEN ADULT **EDUCATION FUND**

Support of adult education programs

Memory of Jack Repp By Evelyn & Eugene Fox

SOCIAL JUSTICE

HUNGER RELIEF PROJECTS

Collection of funds for hunger relief throughout the year, especially during High Holy Days and Passover

Memory of Louis M. Bloom

By Jacque & Freddy Roberts

Memory of James Hayden By Debbie & Marc Andres

Memory of Martin Litwin

By Joyce & Joe Rosenfield

Memory of Jack Repp

By Susan & Daryl Beck By Miriam Vernon

Memory of Adam Steinberg By Linda & Ron Bliss

Memory of Ida M. Strasmick

By Miriam Vernon

THE JILL STONE TIKKUN OLAM FUND

Support of Temple's social justice programs including initiatives, advocacy, projects and lectures

Memory of Irving L. Goldberg By Julie & Michael Lowenberg

Memory of Elsa Goldbera By Julie & Michael Lowenberg

Memory of Elizabeth Greenman

By Suzi & Jack Greenman

Memory of Jack Repp Bv Bobbi Kornblit

By Jacque & Freddy Roberts

Memory of Adam Steinberg

By Linda & Ken Wimberly

As a Contribution

By Shelley & Richard Glazer

PRISCILLA R. STERN MEMORIAL LITERACY FUND

Support of literacy projects in the general and Jewish communities

Memory of Ruth Albert By Nancy & Tony Kaufman

Memory of Lois Bernstien By Lynn & Mark Bernstien

Memory of Anne Kaufman By Nancy & Tony Kaufman

Memory of Adam Steinberg

By Nancy & Tony Kaufman

Anniversary of Rebecca & Mark Masinter By Ruthie & Alan Shor

Birthday of Donald Epstein

By Sandy & Dan Gorman

Birthday of Carol Levy By Ruthie & Alan Shor

Honor of Marc Andres

By Ruthie & Alan Shor

Honor of Susan Bates

By Ruthie & Alan Shor

Honor of Rabbi Nancy Kasten

By Ruthie & Alan Shor

Honor of Judy Markey By Ruthie & Alan Shor

Speedy Recovery of Rabbi David Stern

By The Toubins By Ethel S. Zale

SOCIAL JUSTICE FUND FOR YOUTH EDUCATION

Support of worthwhile educational causes for youth in need

Memory of Carl Hess

By Bonnie & Michael Grossfeld

Memory of Jeanne Isaacson By Nancy Isaacson-Tobin & Alan Isaacson

Memory of Leonard Schaen By Betty Sue Sheinberg

YOUTH AND EARLY CHILDHOOD EDUCATION

WILLIAM P. BUDNER YOUTH LIBRARY FUND Purchases of Judaic books and publications for students

Memory of Mary Mayerson

By Bobbi & Jerry Wells

Bar Mitzvah of Alexander Walter Reiter By Norma Schlinger

EARLY CHILDHOOD EDUCATION CENTER

(ECEC) FUND

Support of ECEC programs Memory of Lillian Becker

By Judy Schneider Memory of Alec Becker

By Lynn & Jay Staub Memory of Jack Repp

By Gayle Johansen Honor of Claire Drevfuss By Kay & Harris Forbes

JEANETTE AND RAYMOND ISRAEL TEACHER TRAINING FUND

Funds for continuing education for YL+E teachers

Memory of Leonard Goodman Jr. By Karla & Larry Steinberg

GINA ROSENFIELD LEVY GREENE FAMILY CAMP SCHOLARSHIP FUND

Financial assistance to families for Greene Family Camp

Memory of Allen Bogart

By Lynne Bogart

Memory of Carol Gene Cohen By Phyllis & Phillip Stoup

Memory of Stanley Kaye By Phyllis & Phillip Stoup

Memory of William George Krause

By Phyllis & Phillip Stoup

Memory of Ned (Soncy) M. Wolins, Jr.

By Phyllis & Phillip Stoup

Bat Mitzvah of Maya Lowenberg

By Ann Folz

METZ YOUTH FUND

Scholarships for Jewish activities sponsored by Temple or other Jewish organizations

Memory of Adam Steinberg

By Sam & Hank Utay

Honor of Rabbi Dan Utley By Gloria Lynn & Steven Simon

YOUTH SCHOLARSHIP FUND

Financial assistance to families for participation in youth programs

Memory of Alec Becker By Kim & Jeff Chapman

By WashU Hillel Memory of Richard "Dick" Presby

By Mindy & Mark Tulbert Birth of Gavi Natan Savewitz

By Gaylyn & Howard Lipp Conversion of David Faulkner

By Robin Kosberg & Mark Washofsky WRJ

WRJ/SISTERHOOD OF TEMPLE EMANU-EL Support of Women of Reform Judaism

Memory of David Saunders

By Sam & Hank Utay

As a Contribution

By Betsy & Todd Teitell Appreciation of Cynthia & Allen Mondell

By Rachel Newburn Birthday of Celia Saunders

By Rachel Newburn

YES FUND OF SISTERHOOD Support of the Youth, Education and Service program

of Women of Reform Judaism Memory of Jim Comfort By Natalie Potter

Memory of Martin Litwin By Phyllis & Martin Mills

Birthday of Sheri Abernethy By Miriam Cohen

B'nai Mitzvah of Adrienne & Tom Rosen's

Granddaughters By Bernice & Marty Sherling

Temple Book Club

Monday, April 6, 2PM, Ackerman **Conference Room**

"Barren Island" by Carol Zoref Contact: Anjelica Ruiz, aruiz@tedallas.org

Yoga Emanu-El

Tuesdays, 5PM, back of Olan Sanctuary

Practice yoga and gain new insights into Torah and the potential of your own body. All levels are welcome. Led by Debbi K. Levy

Register: participate.tedallas.org/yogaemanuel Contact: Becky Slakman, bslakman@tedallas.org

The Well: A Caregiver's Day Out

First & Third Tuesdays, 10:30AM-2:30PM

This program is for those with mild to moderate cognitive impairment caused by dementia or other diseases.

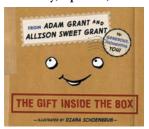
Info: tedallas.org/community/well

For volunteer opportunities and participation:

Becky Slakman, bslakman@tedallas.org With gratitude to Women of Reform Judaism

92nd Street Y | On Gererosity: Adam Grant and Allison Sweet

Thursday, April 23, 11:30AM-1PM



Wharton psychologist Adam Grant and his wife Allison Sweet Grant, a psychiatric nurse practitioner, sit down with Susan

Cain to discuss their new book, "The Gift Inside the Box." They share what they've learned from psychology evidence and personal experience about how we can care for others and ourselves, teach that value to kids, and prepare them to lead lives of meaning. Lunch is available for purchase for \$10, or bring your own.

Register: participate.tedallas.org/92streety Contact: Rachel Tucker, rtucker@tedallas.org

Goin' to the Chuppah **Mega-Reunion Dinner**

April 3, 7:30PM, private home

This will be open to any couple who completed Chuppah in the past five years or so! Interested? Email, Erika Purdy-Patrick, epurdy-

partrick@tedallas.org to RSVP.

TORAH and TALMUD

CHEVER TORAH

Shabbat mornings, 9AM

Lend your voice to Temple's longest running adult learning class. The weekly Torah portions are studied.

TALMUD WITH RABBI DAVID STERN

April 1, 22, 29; May 6, 13, 27; 7:30-8:30AM

This community of Talmud learners explores our ancient texts and their relevance in our lives. Contact: Marcia Nickerson, mnickerson@tedallas.org

SUNDAY MORNING TALMUD

April 5, 19, 26; 10AM-12PM

This lay led group studies Sanhedrin, the legal foundation of the Jewish nation during 2000 years of exile. Contact: Mel Klein, mel@melklein.com, 214.394.1917

Rabbi Levi A. Olan Radio Sermon Series



Rabbi Olan spoke on important issues in the 1960s and 1970s, and was often referred to as the conscience of Dallas. His sermons still ring true today.

12:15-1:30РМ | Linz Hall

April 14: "The Power to Stay With It" **April 21:** "A False Kind of Prosperity"

Bring your lunch and listen to Rabbi Olan's sermons, followed by discussions facilitated by Anthony Elia, director of the SMU Bridwell Library

Temple Cares



GRIEF SUPPORT

April 14, 28; 11:30AM-1PM, Zilbermann Chapel

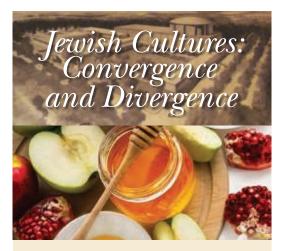
SUBSTANCE ABUSE SUPPORT GROUP FOR FRIENDS AND FAMILY

April 2, 16, 23, 30; 6-7PM, Room 135

LET US KNOW Temple clergy and staff are available to support members of our community dealing with mental and physical health issues. Please reach out to us if you or a friend or family member is dealing with depression, addiction, grief, cancer, chronic conditions, infertility, mobility issues, housing transition, job loss or other conditions.

NO BARRIERS Finances should never be a barrier to participation in Temple life. Confidential financial assistance is available for most Temple events, tuition and dues.

> tedallas.org/community/temple-cares Contact: Meredith Pryzant, mpryzant@tedallas.org



Jewish Culinary Traditions and How **Eating Customs Shape Jewish Identity**

April 30 | 7PM | Stern Chapel

Register: participate.tedallas.org/ kfbaumlecture



Taught by Rabbi Dr. Shira Lander, senior lecturer and director of Jewish Studies at SMU. Jews have historically embraced the physical dimension

of human existence by

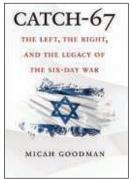
sanctifying its mundane aspects. Due to the frequency of Jewish migration, Jews imbued portable objects rather than stationary ones with particular significance. What meanings do Jews share regardless of their broader cultural contexts? What meanings are distinctive to the particular contexts of individual communities?

With gratitude to the Katherine F. Baum Adult Education Fund

The Katherine F. Baum Adult Education Fund was established in 2005 by Lester Baum, in memory of his wife, Kathi, an eternally curious learner who embraced all aspects of Judaism and Jewish life. Kathi's keen insights, wisdom and magnetic personality are fondly remembered by all who knew her. A lifelong member of Temple Emanu-El, Kathi's love of Judaism led to her becoming an adult Bat Mitzvah in the last two years of her life. This course honors the memory of Kathi, a seeker of knowledge and truth.

BROTHERHOOD ISRAEL BOOK CLUB

"Catch 67: The Left, The Right and the Legacy of the Six-Day War" by Micah Goodman



ince the Six-Day War, Israelis have been entrenched in a national debate over whether to keep the land they conquered or to return some, if not all, of the territories to Palestinians. In 2017, best-selling Israeli author Micah Goodman published a balanced and insightful analysis of the situation that quickly became one of Israel's most debated books of the year. Now available in English translation with a new preface by the author, "Catch 67: The Left, The Right and the Legacy of the Six-Day War" deftly sheds light on the ideas that have shaped Israelis' thinking on both sides of the debate, and among secular and religious

Jews about the Israeli-Palestinian conflict.

Goodman, an Israeli philosopher, teacher and author known for his clear thinking and ability to break down complex concepts, is the author of four best-selling books in Israel including "Maimonides" and the "Book That Changed Judaism."

Contrary to opinions that dominate the discussion, he shows that the paradox of Israeli political discourse is that both sides are right in what they affirm—and wrong in what they deny. Although he concludes that the conflict cannot be solved, Goodman is far from a pessimist and explores how instead it can be reduced in scope and danger through limited, practical steps. Through philosophical critique and political analysis, Goodman builds a creative, compelling case for pragmatism in a dispute where a comprehensive solution

Says Jonathan Kirsch of the Jewish Journal, "Catch-67 is a book that dares to imagine a solution to one of the most intractable geopolitical conflicts in the long history of the Jewish people, but Goodman also embraces a more modest goal: 'I have sought throughout to acquire an understanding heart; to listen with empathy to different viewpoints; and, guided by the spirit of the Talmud, to try to rehabilitate Israel's fractured conversation.' In that effort, he has succeeded magnificently."

Most of the book is devoted to how that came to be. Goodman offers a careful, even-handed analysis of what he calls "the seventh day of the Six-Day War, which has gone on now for more than 50 years." In proposing a partialpeace plan, he calls for more humility than ideology through a restructuring of the conflict "from the bottom up," like agreeing on new borders — not to result in peace but "in order to better manage a state of war, as and when it resumes."

Brotherhood Israel Book Club

Saturday, April 4 | 1PM

"The Angel: The Egyptian Spy Who Saved Israel" by Uri-Bar Joseph and David Hazony

Saturday, May 2 | 1PM

"Catch 67: The Left, The Right and the Legacy of the Six-Day War" by Micah Goodman

Contact: Robert Epstein, macabee1948@gmail.com

Brotherhood Annual Meeting

Wednesday, April 1 | 7PM

Election of new officers and presentation by Temple Board President Chris Cheniae RSVP: Ivan Edelman, edelman.ivan@gmail.com

IN THE KNOW PARENT EDUCATION



Hilary K. Stern, M.Ed., CALC,

is an ADHD Life Coach and Consultant and the Founder of ADHD Advance Coaching and Consultant, located here in Dallas. Her desire to become a credentialed ADHD Life Coach was solidified after finding out that, just as she had been diagnosed in high school, one of her four children was identified as having ADHD. Currently, she is also on the committee for the annual International ADHD Conference, being held in Dallas November 5-7, 2020. Prior to her presentation at Temple on April 26, Hilary gave us some insight to a diagnosis that affects over 5 million children, and an estimated 4% of all American adults.

Is ADHD a "new" diagnosis?

ADHD was first identified in the early 1900's by British pediatrician, Sir George Sill, as "an abnormal defect of moral control". He identified a group of children who could not have control over their behavior as others their age and with their intellectual capacity did. The disorder



was first identified in the diagnostic and statistical medical manuals of disorders (DSM) in the second edition in 1967 as "hyperkinetic impulsive disorder". It wasn't until 1980 that it was called ADD (Attention Deficit Disorder); ADD with hyperactivity and ADD without hyperactivity. By the late 1980s, the American Psychiatric Association changed the name to ADHD (Attention Deficit Hyperactivity Disorder). It was later distinguished by the three subtypes that are currently used: ADHD Predominantly Inattentive Presentation, ADHD Predominantly Hyperactive/ Impulsive presentation, and ADHD Combined Presentation. Furthermore, in the mid 1990s, researchers identified that ADHD is not limited to just a childhood disorder.

What are some common myths associated with ADHD?

There are many; however, some of the more frequently heard ones blame technology and bad diet for the diagnosis, assume that it only affects kids, or insist that all kids with ADHD are wild and uncontrollable. All of these are fallacies.

Doesn't everyone have some form of ADHD?

No. Though anyone can be distracted, restless or foraetful at times, for individuals with ADHD, this is ongoing and persistent and significantly interferes with two or more areas of their lives (social, academic, personal and professional) for a period of six months or longer. At times in their lives, it can be debilitating and have many other implications.

Do people outgrow ADHD?

Though symptoms may dissipate or change as a person gets older, most researchers say that one cannot outgrow ADHD because it has to do with the makeup of the brain. Some people are even diagnosed as adults because life changes may trigger symptoms that might have not been apparent during childhood.

Can ADHD be cured?

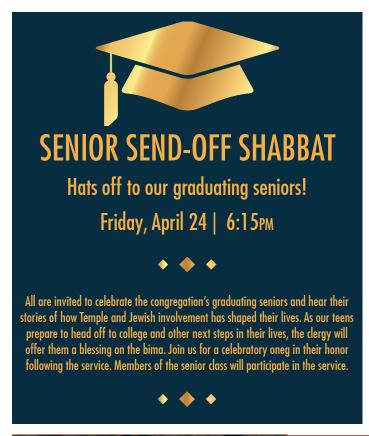
ADHD cannot be cured: however, medication and other natural dopamine releasers, such as exercise, can help treat ADHD in order for someone to develop more manageable systems for productivity. Additionally, other treatments, such as ADHD coaching and/ or therapy, can also help individuals use their keen sense of intuition, creativity and out-of-the-box thinking loften common characteristics of individuals with ADHD) to live happy, productive and fulfilling lives.

Parenting Perspective

April 26 9:30_{AM} Rooms 133 & 135

Come join Hilary Kreisler Stern, Educator, Certified ADHD Life Coach and ADHD Consultant as she raises awareness and dispels myths about ADHD, while helping parents identify ways to make living with a child with ADHD or ADHD symptoms more manageable and enjoyable for everyone in the household.

Contact: Rabbi Amy Ross, rross@tedallas.org







YL+E VARIETY SHOW

APRIL 26 @ 1PM

Lunch available for purchase from 12-1PM

Back by popular demand— YL+E's Variety Show!

We are seeking singers, dancers, artists, magicians, actors, musicians, and everything in between to share what you do with your Temple community. Come to perform or come for the show—the choice is yours.



FOR MORE INFO, CONTACT: lan Simpson, isimpson@tedallas.org



FAMILY SHABBAT EXPERIENCES



Tot Shabbat

Friday, April 3, 6PM, Pollman Hall Join us for an Israeli Style Shabbat celebration filled with singing, dancing, laughter and prayer for families with young children birth-6 years old and their siblings. Continue that Shabbat feeling by participating in our TOT (Tikkun Olam Time) project, a child-friendly activity focused on helping repair our world. Dinner: \$15/adults, \$10/children **RSVP:** tedallas.org/totshabbat

Teen Shabbat

Friday, April 17, 6-8PM, Weiss Youth Wing Created by and for teens, with teen leadership and a focus on social justice.

Contact: Shira Stevenson, sstevenson@tedallas.org

Sababa

Friday, April 17, 6PM, Linz Hall

Hosts: Marx and Glassman Families



This service is geared to families with children in K-2nd grades. Parents enjoy wine and light bites while the children

have supervised activities. After a musical, participatory service, we share Shabbat dinner and have more activities for the kids. Dinner: \$18/adults, \$10/children

Contact: Jake Miller, jmiller@tedallas.org

Shabbat B'Yachad

Saturday, April 18, 11AM, Pollman Hall Saturday, May 2, 11AM, Pollman Hall This service is for members of all ages who

have special needs, their families, and those who want to share Shabbat with them. The morning includes a short, participatory, musical "no shush" service, followed by a nosh and an activity.



ECEC Celebrates Inclusion Month

Jewish Disability Awareness, Acceptance, and Inclusion Month

(JDAIM) is a unified effort among Jewish organizations worldwide to raise awareness and foster acceptance and inclusion of people with disabilities and mental health conditions and those who love them.

Throughout the month of February, the ECEC engaged our students and staff in experiences that allowed us to be more accepting and inclusive towards those with special rights.

We had several guest speakers visit with our Threes, Pre-K and Kindergarteners. Leanna Kimbrell spoke with the children about living with Cerebral Palsey and gave them the opportunity to ask her questions. Drummer and temple member Tony Harper came to play for us. Tony was born with a congenital limb difference which eventually resulted in the need for his leg to be amputated and a prosthetic leg in its place. He amazed everyone as he rocked the drums and all of us with his talents.

In the Atelier, the older children were introduced to four artists who have special rights. After learning about the artists, the children then created in the same manner that the artists do. When Matisse required the use of a wheelchair later in his life, he continued creating art by using cut paper and creating collages. Artist Alison Lapper was born without





arms and has shortened legs. She is an accomplished artist and public figure who paints using her mouth to hold the brush. John Branblitt, a Denton, Texas artist, lost his vision at the age of 30. Known as The Blind Painter, Bramblitt uses his sense of touch to help him create painted works of art. He recently created a four-story mural in Dallas' Bishop Arts District.

Aras Othman, a Kurdish artist who lost his arms when he was young, paints with his feet. He has not allowed his childhood injury to keep him from his passion for creating art.

During our Special Rights Inclusion Days, the children went to different stations where they had the opportunity to experience various disabilities. The mobility station challenged them to use a wheelchair to get from one place to another. They experienced trying to talk with a speech impediment and practiced asking someone to repeat themselves when they didn't understand what they were being asked to do. They went shopping in a dark market, finding the items on their shopping list. Working in teams, the children were tasked with reading a Lego manual and creating structures, all while wearing mittens that limited their fine motor skills. Children were asked to complete simple tasks in a room filled with distractions, allowing them to experience how important it is to self-regulate their sensory needs. In the final station children experienced what it would be like to live with hearing loss. They were asked questions but unable to hear the questions being asked.

Each year the ECEC engages in a mitzvah project. This year, we opened our doors and invited community members with special rights from organizations such as Chai House and the Autism Treatment Center of Dallas. Participants were buddied up with our staff members to dance, create jewelry, play games and eat delicious snacks! Both staff and participants are already asking if we can do it again soon!

Above: Working in teams, children were tasked with reading a Lego manual and creating structures while wearing mittens that limited their fine motor skills. At Left: Children experienced creating art without having vision.



n bluegrass, ragsto-riches stories are revered and glamorized, strong personal convictions are lauded, off-stage legends of wit and badassery are currency, and a sharp suit (rhinestones optional) and western hat speak volumes. There's a notable correlation between the success of the genre's greats and the presence of their personalities, perspectives, and stories throughout their art. The relatability, accessibility, and appeal of their songs can often be attributed not only to the level of talent, but also to the boldness with which their true selves are communicated, musically, to an audience. Roots music fans have always been hungry for indicators of an artist's authenticity - a way to winnow out the performative, commercial aspects intrinsic to the recording industry and leave just the juiciest nuggets of "real life."



Attempting to follow in that tradition and feed that hunger is Nefesh Mountain. Marital and musical partners Eric Lindberg and Doni Zasloff want nothing more than to have the lens of their entire identities filtered through their brand of crisp, refined, and timeless bluegrass in myriad ways - tangible or intangible. Overtly, we hear this perspective in vocals sung in Hebrew, lyrical hooks derived from Jewish sayings, and a grassy cover of Irving Berlin's "Russian Lullaby." Deeper, more subliminally, we find that the themes of family bonds, a love for home, a respect for nature, and prayers for peace and empathy comforting our ears also stem from their Jewish background.

But the specificity of this origin point is neither alienating or confusing. Rather, it reinforces two truths about this music: Bluegrass is for everyone, and bluegrass is indeed better when the people who make it shine brightly throughout it.

Nefesh Mountain is the place where American Bluegrass and Old-time music meet with Jewish Heritage and tradition. The result of this unexpected and beautiful mix is staggering; and while complete with the kind of adept string virtuosity and through composed arrangements one would hope for from a newgrass band with influences from Bluegrass, Old-Time, Celtic, and Jazz, they also play and sing songs of the heart creating music with a sense of diversity, oneness, and purpose for our world today.

MRY 1-3

American Bluegrass and Old-time music meets **Jewish Heritage** and tradition!

FRIDAY, MAY 1 **ECEC Shabbat** 9_{AM} | Stern Chape

Shabbat Service 6:15PM | Stern Chapel Ta'am 8500 dinner following services

RSVP:

participate.tedallas.org/ taam8500

SATURDAY, MAY 2 **Tot Shabbat** 9_{AM} | Pollman Hall

Bluegrass on the Bimah 5PM | Food Trucks* 6:30PM | Concert | FREE **RSVP**:

> participate.tedallas.org/ nefeshmountain

*cash and credit accepted

SUNDAY, MAY 3 YL+E Closing Day Concert 11:15AM | Olan Sanctuary Parents Welcome!

"Refreshingly eclectic." -Rolling Stone

In gratitude to the Leo and Rhea Fruhman Foundation in Memory of Leonard B. Fruhman.

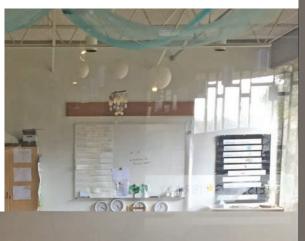
FROM OUR ARCHIVES

William (Billy) Pearlstone Budner

was born in 1929 to William and Lorraine Budner. Billy grew up at Temple, graduated from Highland Park High School and from Southern Methodist University. He first contracted polio at age 17, but recovered and went on to serve as a sergeant in the U.S. Army during World War II. He and his wife, Joan, had three daughters, Lori Jo, Cynthia, and Nancy and settled in Dallas, continuing the multi-generational family membership of the Pearlstones, Loebs, and Budners. In 1956, at only 29 years old, Billy had a second polio attack that ultimately resulted in his death. His name should be familiar to ECEC and YLE families, as the William P. Budner Library was established in his honor.







BUDNER LIBRARY



8500 Hillcrest Road | Dallas, Texas 75225

The Window Temple Emanu-El



TEMPLE EMANU-EL

Founded in 1872 | 214.706.0000 | Fax: 214.706.0025 | tedallas.org

TEMPLE EMANU-EL CEMETERY

Jeff Friedman, Cemetery Manager 3501 Campbell St. | 214.706.0000, Ext. 240 | Fax: 214.754.8088

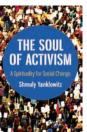
TEMPLE President	WRJ PRESIDENTS	BROTHERHOOD President
Chris Cheniae	Jennifer Hoffman Rachel Newburn	Ivan Edelman
MAIN NUMBER		214.706.0000
CLERGY		
Rabbi David Stern		
Rabbi Debra J. Robbins		
Rabbi Kimberly Herzog Cohen		
Rabbi Daniel Utley		
Cantor Vicky Glikin		214.706.0018
Cantor Leslie Niren		
EXECUTIVE DIRECTOR		
Meredith O'Byrne		Ext. 130
ASSOCIATE EXECUTIVE DIRECTOR		
Karen Hoffman		Ext. 159
YOUTH LEARNING + ENGAGEMENT		
Rabbi Amy Ross, Director of Learning and Innovation		214.706.0021
EARLY CHILDHOOD EDUCATION		
Shelly Sender, <i>Director</i>		214.706.0020
DIRECTOR OF DEVELOPMENT		
Sandy Diamond		Fv+ 108
WINDOW PRODUCTION		
Scot Hart, Director of Communications		
Ann Wilson, Layout DesignerExt. 171		

The Window (USPS #017-824) is published monthly with a combined issue in June/July and August/September by Temple Emanu-El Congregation, 8500 Hillcrest Road, Dallas, TX 75225-4204. Periodicals Postage Paid at Dallas, Texas. POSTMASTER: Send address changes to Temple Emanu-El Window, 8500 Hillcrest Road, Dallas, TX 75225-4204.

OFF THE BOOKSHELF

Books to Discover at the Weisberg Library

"The Soul of Activism: A Spirituality for Social Change" (2019) by Rabbi Shmuly Yanklowitz



Rabbi Yanklowitz, a noted scholar and activist, reexamines the power of interfaith partnerships and how that spirituality can motivate and inform progressive activism. He argues that progressives have been turned off by the hypocrisy of religious influence on current policies and thus have neglected to cultivate key relationships within the religious community, a community that is ripe with experience. Because of

this, progressives do not truly understand the power of the universal language found in religion when expressed solely for the purpose of social justice. Yanklowitz proposes that progressive activists need to understand and cultivate these missing spiritual tools in order to lead affirmative change. This is a must-read for social justice warriors.

Temple is welcoming Rabbi Shmuly Yanklowitz on April 17-18 as scholar-in-residence. He will be talking about his bestselling book, "Pirke Avot: A Social Justice Commentary" (see details on page 3.)

OTHER TOP PICKS

"Waking Lions" (2017)

Ayelet Gundar-Goshen's thriller about an Israeli doctor who can't escape his irresponsibility.

"Too Good To Passover: Sephardic & Judeo-Arabic Seder Menus and Memories from Africa, Asia, and Europe" (2018) Jennifer Felicia Abadi's Passover cookbook specializing in traditional Sephardic, Judeo-Arabic, and Central Asian recipes and customs.



"Miriam at the River" (2020)

Jane Yolen's delightful biblical story of baby Moses as told by his big sister.

To reserve books for check-out, please call Anjelica N. Ruiz, Director of Libraries and Archives, at 214.706.0000, ext. 114.